

# Get Up and Go! Tours

Active, Informative, Fun!

ALASKA MULTI-SPORT, HIKING & FAMILY ADVENTURE TOURS & DAY HIKES

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## Day Hike Reservation Form

2 Pages: Please complete, sign page two, and return both pages (scan & email, fax, or mail) with your deposit. PLEASE PRINT CLEARLY!

ACTIVITY (circle choice): HALF-DAY HIKE or FULL-DAY HIKE ACTIVITY DATE:

PARTICIPANT NAME/S & CONTACT INFO: Please provide first and last names, and local contact info for at least one group member.

1.	M / F	Age:	Mobile #	email:
2.	M / F	Age:	Mobile #	email:
3.	M / F	Age:	Mobile #	email:
4.	M / F	Age:	Mobile #	email:

Emergency Contact: Relation: Tel:

CLIENT QUESTIONNAIRE: Please provide complete answers to all questions for all participants (use another sheet if necessary).

A. Pick-Up: Where in Anchorage would you like to be picked up? Pick-up time is ~9 am, please be waiting outside and ready to go.

B. Please briefly describe your preferred hike in terms of distance, amount of time, degree of difficulty, and/or interests:

C. If you have any medical conditions that we should know about, or medications you regularly take, please list and describe these:

- 1.
- 2.
- 3.
- 4.

D. We will provide a sack lunch for you. Are there any foods you can't or won't eat?

- 1.
- 2.
- 3.
- 4.

E. Briefly describe your health, fitness, activity, and experience levels:

- 1.
- 2.
- 3.
- 4.

F. How did you hear about us? If you found us on an internet search engine, in a guidebook or a magazine ad or article, do you remember which one it was? What keywords did you type in? If a friend recommended us, what is his or her name?

DEPOSITS & PAYMENTS: A non-refundable deposit of \$50 per person/ per day (maximum \$100 per family or group) is required now to confirm your reservation. The balance will be due 30 days before your activity date (or you can pay in full now).

I'm paying by: Personal Check / Visa / Master Card / AMEX. Name on credit card or check: \_\_\_\_\_

Card # \_\_\_\_\_ CVV Security Code: \_\_\_\_\_ (follows card # on back of card, in signature box)

Expiration Date: \_\_\_\_\_ Card Holder's Signature: \_\_\_\_\_

Credit Card Billing Address (where your bill is sent): Street # \_\_\_\_\_ Zip/Post Code \_\_\_\_\_

**CANCELLATION AND REFUND POLICY:** Cancellation of a reservation by a client requires advance **written (or email) notice**. Such cancellations made 30+ days in advance of the activity date will receive a complete refund, less the initial \$50 pp deposit. **Client cancellations, FOR ANY REASON WHATSOEVER, made 29 or fewer days before the trip start date will receive no refund. Sorry, no exceptions!** Purchasing a travel insurance policy that includes trip cancellation insurance is a highly recommended precaution (see below).

In the very rare instance that **Get Up and Go! Tours** is forced to cancel an activity for any reason whatsoever a full credit will be applied to another activity or activity date, **OR**, a full refund (including the initial deposit) will be promptly issued, as you wish. **This refund shall constitute Get Up and Go! Tours' sole compensatory responsibility:** we cannot be held responsible for any additional or incidental costs that may result (non-refundable flights, etc). Note that in fifteen years we have never cancelled a single trip.

**TRAVEL INSURANCE:** **Travel insurance, including coverage for health, accident, emergency evacuation, accidental death, baggage loss, and trip cancellation, is strongly recommended for all trip participants.** If you cancel or miss your tour for any covered reason (injury, illness, etc), trip cancellation insurance should reimburse you. Inexpensive policies of this sort are routinely issued by most travel and insurance agencies, or you can contact a travel insurance company such as **Travel Guard**, tel. 800-826-1300, [www.travel-guard.com](http://www.travel-guard.com).

**PHOTOGRAPHY RELEASE:** By signing this form you are agreeing to allow the use of your photographed or videotaped image to appear on our website, in our cd/dvd brochure, print literature or any other type of advertising or promotion without notification or compensation.

**DISCLAIMER:** As you're undoubtedly aware, regardless of the precision of one's plans and preparations, things do not always go exactly as anticipated. Variable and unforeseeable weather and road conditions, and other factors subject to and beyond our control mean we cannot absolutely guarantee that the advertised itinerary/agreed upon activity will be precisely followed. While reasonable efforts will be made to adhere to the plan as outlined, **Get Up and Go! Tours** cannot be held responsible either for your failure to join the activity (or your late arrival), or for deviations from or alterations to the advertised/agreed upon itinerary and program. Under no circumstances will any refund, in part or whole, be issued due to your late arrival, missing of the activity, or due to any deviations or alterations. If something unforeseen or out of the ordinary does occur, we ask for your patience and understanding as we do our best to improvise. Flexibility, patience and senses of humor and adventure are as important to bring along with you as your hiking boots and raincoat. Thank you.

**PARTICIPANT'S ACKNOWLEDGMENT OF INHERENT DANGERS & RISKS:** Active hikes and other activities such as those offered and operated by **Get Up and Go! Tours** contain **inherent dangers and risks** that cannot be eliminated without altering the unique character of such activities. Your voluntary participation in this or any of our tours and/or activities, whether as a paying client or guest, signals your explicit acknowledgment and acceptance of your personal responsibility for all such inherent dangers and risks—which, among other things, can include injury, illness or death—and of your acceptance of your own personal responsibility for the safety and well being of yourself, any children in your custody or care, and your belongings, at all times. **All tour and activity participants are at all times participating in all aspects of the tour and activities voluntarily, and solely at their own risk. A comprehensive travel insurance policy (as described above) is strongly recommended.**

**ACCEPTANCE OF TERMS & CONDITIONS, AND OF INHERENT DANGERS & RISKS:** I have read, understood, and hereby accept all terms and conditions set out in this **Day Hike Reservation Form**. I additionally understand, acknowledge, assume and accept full responsibility for the dangers and risks inherent in the trip and its activities, explicitly stated or otherwise, for myself and all minor children in my custody or care, for bodily injury, illness, death, or loss or damage of personal property, and for expenses sustained as a consequence of any such inherent dangers and risks, or due to my own negligence. I further acknowledge and accept that this agreement shall be effective and binding upon me, my heirs, assigns, personal representative/s, and estate, and for all members of my family, including minor children:

1. **Name** (please print): \_\_\_\_\_ Signature X \_\_\_\_\_ Date: \_\_\_\_\_
2. **Name** (please print): \_\_\_\_\_ Signature X \_\_\_\_\_ Date: \_\_\_\_\_
3. **Name** (please print): \_\_\_\_\_ Signature X \_\_\_\_\_ Date: \_\_\_\_\_
4. **Name** (please print): \_\_\_\_\_ Signature X \_\_\_\_\_ Date: \_\_\_\_\_

**Note:** All participants aged 18 and over (by the day of the activity) must sign this form; use additional forms if necessary.

**WHAT NEXT?** Thank you for your reservation. We'll send you a confirmation along with a receipt/invoice for your deposit and balance due. The balance is payable in full no later than 30 days prior to the activity date, please make a note (or pay in full in advance).

**PICK-UP & DROP-OFF:** We'll pick you up at your designated pick-up spot at 9 am (or alternate, agreed upon time), and, except in extraordinary circumstances, will drop you off back at your Anchorage hotel, the Anchorage airport, or other Anchorage location of your choice no later than 1 to 2 pm (for ½-day hikes), or 3 to 6 pm (for full-day hikes). If you need to be back by a specific time, or would like to start earlier or later in the day, please let us know well in advance.

**WHAT TO WEAR AND HAVE WITH YOU:** Wear comfortable, lightweight **hiking boots, thick, non-cotton socks, and layered, non-cotton clothing**, sun/rain hat, and, whatever the weather, be sure to carry **a fleece** or other **warm layer** and **rain gear** with you, just in case. **Sunscreen** is strongly advised. **Running or trail shoes** can in some cases be substituted for boots, but these obviously do not provide the same degree of traction, support, or water-proof-ness. If you already have hiking poles, you are welcome to bring these as well.

In addition to your warm layer and rain gear, **your small backpack/daypack should contain** one or more **full water bottles**, your **camera, sunglasses**, and any **medications**, or anything else you might need. We will provide a sack lunch, but if you have some special snack you like, you might want to bring that as well. **We hike rain or shine, please be prepared for any weather conditions.**